## O'DIVE - SIMPLIFIED USER'S MANUAL Updated on 22.08.2019

## Warning

O'Dive (ONE or TEK) is a connected acoustic sensor that allows the measure of the decompression adequacy to the diver's practice.

The features of the service imply practicing diving in a club or individually. O'Dive is not a medical device and does not provide medical advice.

Any advice or other items available in our service are intended solely for general information purposes. They are not intended to serve as a reference or to substitute professional medical advice based on the personal situation of the user.

Azoth Systems disclaims any responsibility for actions taken by the user because of advice and information provided by the service. In particular, if the user has not consulted a medical doctor and does not have a medical certificate authorizing him to practice diving.

## **Direction of use**

For a given set of dive parameters (depth, duration and decompression stops), it is recognized by the scientific community that a decompression procedure generating no or a few microbubbles is renowned safe.

The O'Dive solution assists the diver to help him optimize its practice, limiting his bubble level, and therefore increasing his diving safety level.

The sensor measures the microbubble rate in the diver venous system following a dive. Combined to the diving parameters, these measurements allow, first of all, the evaluation of the quality of the decompression procedure used.

If the procedure is not optimal, the O'Dive app put at the diver's disposal a simulator allowing him to visualize the effects of several actions to improve the quality of his procedure while making progress in his practice.

By using regularly O'Dive technology, the diver will improve his self-understanding. He will therefore be more likely to wisely adjust his decompression procedures and diving practice.

### O'DIVE Perimeter and usage restriction

### **O'Dive ONE**

O'Dive ONE allows for analyses of **open-circuit** dives with Air or Nitrox as bottom gas, with or without use of oxygen enriched mixtures for decompression stops.

**Multi-level** dives can be handled, as long as the **maximum depth is below 60m**. The algorithm will consider an equivalent square profile, based on the parameters input by the diver in the

app: maximum depth, total duration and actual decompression duration provided by the dive computer. The additional stops eventually performed by the diver are taken into consideration to evaluate their benefit on the exposure severity.

**Repetitive** and multiple dives - i.e. with a surface interval below 12 hours – can be analysed (for example: cruise with several dive per day). The residual gas load is considered as long as the diver is using the same computer for all his dives.

**Sawtooth profiles** and inadequate **ascending speed** cannot be detected with the manual input mode offered by O'Dive One. Therefore, the results provided to the diver do not consider these additional risk factors.

## O'Dive TEK

O'Dive TEK allows for analyses of **open-circuit** and **closed-circuit** with Air or Trimix as bottom gas, with or without use of oxygen enriched mixtures for decompression stops.

In any case, the nature of gases breathed at the bottom (diluent for CCR and bottom mix for OCR) or during the stops (PpO2 for CCR and gas switch for OCR) as well as the computer GF settings (GFLow/GFHigh) must be input in the app.

Incorrectly input fields can lead to results that don't reflect the actual quality of the decompression.

Two parameters input modes are available:

- <u>Manual input:</u> it is only to be used for square profiles or equated to square i.e. profiles whose bottom depth change amplitude is low compared to the maximum depth reached (+/-5m), for example a wreck dive; the diver has to input all the fields required to characterized the exposure severity, among which the descending speed, the ascending speed to the first stop and the stops duration.
- <u>Import mode</u>: it allows a finer analysis of the actual profile based on the data stored on the dive computer ; the **multi-level** dives are handled as long as the **maximum depth is below 120m**; the additional stops eventually performed by the diver are taken into consideration to evaluate their benefit on the exposure severity.

**Repetitive** dives - i.e. with a surface interval below 12 hours – cannot be analysed.

**Sawtooth profiles** cannot be detected. Therefore, the results provided to the diver do not consider this additional risk factor.

Inadequate **ascending speed** are however taken into consideration in the results provided to the diver, whether they are manually input or deducted from the analysis of the computer data.

# Step-by-step guide for using O'Dive

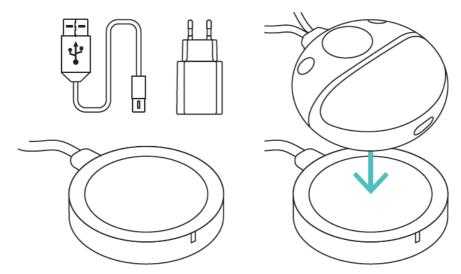
### Step 1 – Charging the sensor

Before each use of the sensor, it is important to charge it in order to have the necessary autonomy to the realization of your measurements.

IMPORTANT: It is strongly advised to make sure that the sensor is properly charging before leaving it on its charging base, in order to avoid discharging and deterioration of the battery.

• Connect the induction charger to the provided 220V-60Hz adapter or to a USB port.

• Position the sensor on the charger, face with markings in contact with the induction charger. When the sensor is in the right position, the charger's indicator diode goes to steady green and the sensor LED will flash rapidly in white, indicating that the sensor is charging. If the battery is full enough, the LED will flash two times, then will stop.



• If the charger's indicator diode doesn't go to green and the sensor's LED does not flash, adjust the sensor position on the charger.

If the charger's indicator diode flashes in light blue and the sensor starts (vibration + blue flashing), remove the sensor from the charging base and turn it off, then put it back and adjust its position after the charger's indicator diode has come back to steady dark blue. • At the end of the charge (maximum duration of 6 hours), the LED will stop. Your sensor is then ready to be used.

# Step 2 – Downloading the O'Dive app

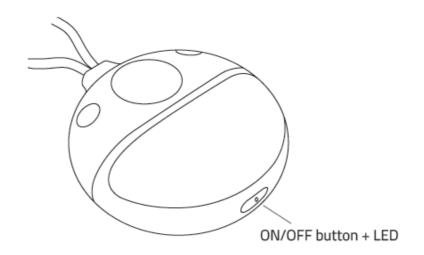
The sensor is operating with the O'Dive ONE & O'Dive TEK apps, available on the Apple Store and on Google Play.



Once the app is installed, you can use your sensor.

### Step 3 – Taking in hand the sensor

## Starting the sensor

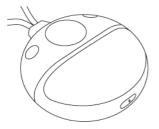


To start the sensor, **press for 1 second** the button located on its top. The sensor vibrates and the LED will flash rapidly in blue (1 flash per second for 90 seconds) signaling the possibility of pairing a phone.

A red flashing LED indicates a low battery level. In this case, the sensor has to be charged as soon as possible. (see step 1).

#### Turning the O'Dive sensor off

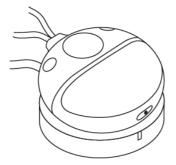
There are 3 ways you can turn off your sensor:





Press the on/off button for 5 seconds (the flashing LED stops and the sensor vibrates).

Disable the WIFI connection on your smartphone.



Place the sensor on the induction charging station (see step 1).

## **Technical Characteristics**

Weight	Less than 0,5kg
Sensor dimensions (L x W x H)	78,8 x 73,5 x 34,6 mm
Doppler frequency	2MHz
Endurance	3H continuous wave
Battery	LiPo (Lithium Polymère) rechargeable
Battery power	7,4V – 600mAh
Recharge	Induction – 2A
Wireless connection	Wi-Fi
Operation temperature range	0°C – 40°C
Storage temperature range	-35°C – 65°C
Humidity	35% - 85% RH
Conformity	CE

The sensor can be cleaned with a damp cloth after use

# **Step 4 – Registration / Connection**

- Before using the sensor, you need to create an account on the app.
- Open the app and click on the button Register. If someone is already logged in, click on the name on the top right corner of the home page to join the section 'My account' and click on the button Register.
- Follow the steps.
- If you want to import your dives' profiles from Subsurface, fill in your Subsurface email address and password.
- In case you always use the same sensor, fill the field 'Sensor number' (you can scan the QR code on the tag, type the number with the keyboard, or select the sensor Wi-Fi on Android only).
- Do not forget to accept the Terms of Use (TOU).

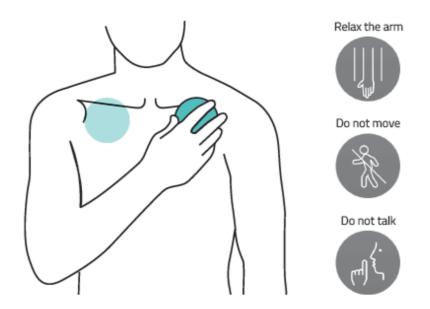
If you already have an account, go to Log in and fill in your email address and password.

### **Step 5 – Making measurements**

Measurements must be undertaken after diving, when the rate of gas microbubbles in the blood is potentially the highest.

Two series of measurements will be carried out:

- 2 measurements of approximately 20 seconds, 30 minutes following the dive (one under the left clavicle and one under the right clavicle).
- 2 other measurements 60 minutes after the dive (one under the left clavicle and one under the right clavicle).



IMPORTANT: It is strongly advised to watch the tutorial on the app to fully understand how to position the sensor. An incorrect sensor positioning under the clavicle will result in bad measurements and, therefore, an impossibility to analyze the signals. Please practice positioning of the sensor in front of a mirror before making measurements after your dives.

Before any measurement, make sure that your name is displayed on the top right corner of the screen. If it is not the case, click on the other name to join the section 'My account' and log in or register (see step 3).

- Select New measurement: the app creates a new dive and requests you to start your sensor.
- Check that the proposed sensor number is matching your device. If not, click on Change sensor, fill the sensor number (see step 4) and validate. Start the measurement again by clicking New measurement then Use current dive.
- When the sensor number is correct, start your sensor (see step 3), then click Connect on the app. The sensor will now pair with your smartphone via Wi-Fi. Important: data sharing via Wi-Fi needs to be deactivated.
- When the pairing is done, the LED starts **flashing in green**, the Start button becomes accessible, and the battery pictogram on the top right corner of the screen gets activated.
- Follow the steps to perform the two series of measurements. For the second series taking place 30 minutes after the first one you need to click on New measurement, then on Use current dive, so that all the measurements are linked to the same dive.
- When the measurement is not satisfactory, the app will ask you to restart it. Make sure that the sensor is properly positioned and that you follow all the instructions (no speaking, relaxed arm, forced respiration).
- After a series of two measurements (left and right), the sensor automatically shuts down.

## Step 6 – Validating and synchronizing measurements

Once the measurements are done, you must input your dive parameters and synchronise your data with Azoth Systems' server to get your results.

Note: synchronisation of the data requires a connexion to a Wi-Fi or a 4G network.

### Input your dive parameters

- If you use O'Dive ONE, go to My results. Select your dive under the 'Pending' tab, input your dive parameters and validate.
- If you use O'Dive TEK, go to My results. Select your dive under the 'Pending' tab. You can then either import the dive profile or do a manual input.
  For importing the profile, click on Import data then Import from a dive computer (works only under iOS with Shearwater) or Import from Subsurface cloud and select the corresponding dive. Then, fill in the fields left in blank and validate.
  For a manual input, input your dive parameters and validate.

### Synchronise your data on the server

- Once your parameters are input, go to the section My results and click on Synchronise on the top right corner of the screen. The dive and the related measurements are sent to our server to be analysed and are now listed under the 'Dives' tab.
- In case there are still some dives under the 'Pending' tab with the pictogram (i), you must input the dive parameters and synchronise one more time.

# **Step 7 – Evaluating your procedures**

A few dozen minutes after the dive, you will receive an email notification indicating that your dive has been analyzed. This recommendation is presented as a graph evaluating the level of adequacy of your decompression procedure to your diving practice.

- Go to the section My results and click on Synchronise. You will be able to see on the graph if your decompression procedure is optimal, perfectible or to be changed.
- A simulation tool is available to help you see the potential benefits of several factors on the quality of your decompression procedure. To use this tool, select the dive that you want to simulate and change one or several of the proposed factors to improve your procedure quality.

## Support-Contact

We are looking forward to hearing from you regarding the quality, functionalities or use of this product.

We are committed to reply to you without delay.

To get the full instruction manual, please send us a request at: contact@azoth-systems.com

# Legal Notice



This product and its battery pack cannot be discarded in the domestic waste. They require separate collection. Ensure that you dispose of your O'Dive electronic product and batteries in a sensible and considerate manner, at a collective recycling point.

This valorization of your electrical waste contributes to protect the environment and your health.